

INSTRUCTIONS FOR STOOL SPECIMEN COLLECTION KIT

IMPORTANT: Please read and follow all directions.

CAUTION: SOLUTIONS IN THE TUBES ARE POISONOUS, DO NOT DRINK

You have been given a collection kit which will help you conveniently collect a stool specimen. These directions will help you use the kit. This will help the laboratory do a better job and avoid costly repeat testing.

This kit consists of 1, 2, or 3 tubes. The tubes may or may not have liquid in them. Please note there are separate collection directions for tubes with liquid and those without liquid. The liquids are poisonous. Do not drink them. Keep them out of the reach of children.

You should place each specimen collection in a separate tube. Please allow 12-24 hours between each stool collection.

Before beginning, please note the following:

DO NOT urinate on the specimen or in the collection container.

DO NOT urinate in the tubes.

DO NOT pass the specimen directly into the tube.

DO NOT pass the specimen into a toilet.

Do collect the specimen as directed below.

Do allow 12-24 hours between each specimen collection.

1. When beginning collection of the sample, please note that the stool CANNOT be passed directly into the vial provided. The stool should be passed into a clean, DRY container, instead. For example, you can place a large plastic bag into a waste basket to catch the specimen or use a large clean container or jar. Please note: urine CANNOT mix with this sample.
2. Once stool has been passed into the clean, dry container, open a tube containing liquid. Using the collection spoon built into the lid of the tube (or the wooden sticks, if supplied), place small scoops of stool from areas which appear bloody, slimy or watery into the tube until the contents rise to the red line. If the stool is formed (hard), please try to sample small amounts from each end and the middle.
3. Mix the contents of the tube with the spoon or wooden stick, then twist the cap tightly closed and shake the tube vigorously until the contents are well mixed.
4. Repeat instructions 1, 2 and 3 only for each tube which contains liquid. Before repeating, please be sure you allow 12-24 hours between sample collections. Store these vials at room temperature.
5. If one of the provided tubes has no liquid in it, fill it to the red line with stool as above, but DO NOT mix or shake this tube. REFRIGERATE THIS WHITE-CAPPED VIAL ONLY. As stated above, store all other vials at room temperature.
6. Mark the labels on the tubes with the identification information requested. Also check the box on the label which looks most like the specimen when collected (see illustration).
7. CHECK ALL VIAL CAPS TO BE CERTAIN THEY ARE TIGHTLY CLOSED.
8. Wash your hands thoroughly. If any liquid from the tubes gets on your skin or in your eyes, flush with plenty of running water. If irritation develops, consult a physician.
9. After all samples are collected, place them in the bag or carton for delivery to the physician or lab. Mark the label on the carton or bag with required information such as your name, date of birth, gender, and home address.
10. Return the collection kit to your physician or laboratory.

IF SWALLOWED: Dilute by drinking 2-4 glasses of water and immediately contact an emergency facility, poison information center, or visit a physician to receive medical attention. Save the tube from which you drank: label information will be helpful for determining appropriate medical treatment.